HERITAGE
International School

THE INTERNATIONAL HERITAGE HERALD

September 18, 2020

GENERAL

"Peace cannot be kept by force; it can only be achieved by understanding." (UN Peace day. 21st Sept) — Albert Einstein

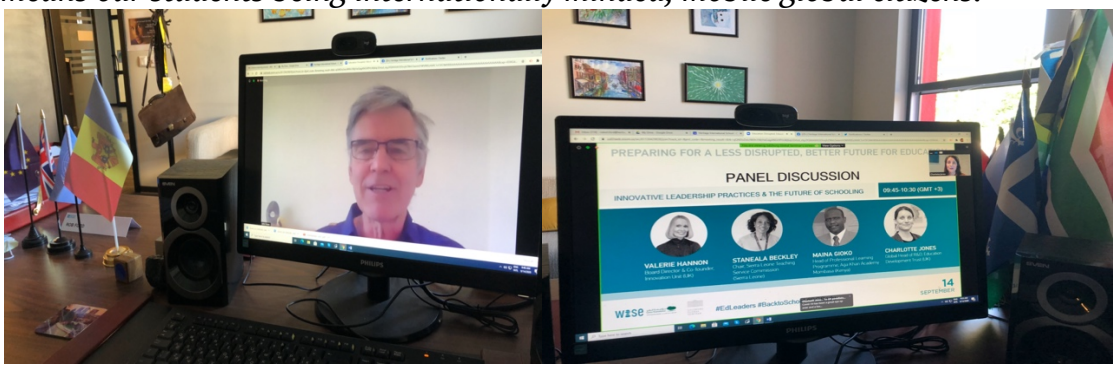
Director's weekly notes- "The View from Dacia Boulevard"

I had the privilege to start week 3 by listening to the New Zealand education writer, John Hattie, speak online at a global online education conference. John's work and impact on education is well documented and the challenges thrown up by the Covid19 crisis in 2020 were tackled head on in the conference theme of "re-imagining education" when he described the potential opportunities for schools as a "golden ticket" if approached as an accelerator and an innovator of change. When you read about the difficulties our

colleagues around the World are tackling daily to just keep their schools open or even to provide a semblance of education to their communities, there are a few school leaders I know would use some choice words about this crisis being a "golden ticket". At the same time, there are lots of innovative ideas we have refined as a school and developed further around digital platforms, blended learning, independent learning and the role of the teacher. As John wryly noted, the "new normal" is at least stopping the teacher talking for 89% of the time. Never was like it myself as a history teacher who thought he was the sage on the stage in my prime.

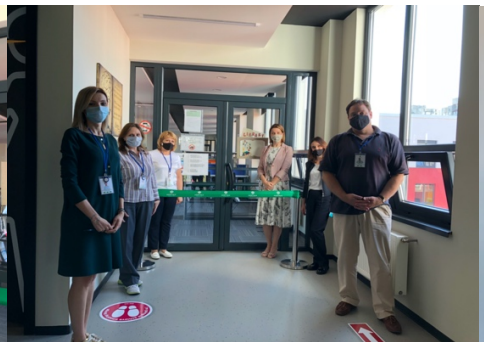
As we marked the UN's "Democracy Day" on the 15th, with an eye on the upcoming US Presidential elections this November and Moldova's own elections this autumn/fall, students debated the urgent issues that still need solutions and leadership whenever the Covid19 crisis abates, not anytime soon with the number of cases rising in Moldova and public figures failing to even model wearing masks or keeping a safe physical distance. The fires in California, the Antarctic ice shelves about to break away and our extremely hot weather in Moldova, makes it clear that we need more civic cooperation, leadership and less false binary hatred around narrow populism to find answers on climate change through SDGs that give the next generation a more hopeful future. Our school will proudly be showcasing our ideas on SDGs in the T4 global conference this October. We mark the UN's Peace Day on Monday and as Einstein remarked, it is through understanding we achieve peace. These are the very values that underpin our school's ethos and mission as an international school. I focussed this week's gymnasium assembly and the weekly teaching and learning briefing on the expectations and responsibilities that every member of our school community needs to demonstrate, especially as we work hard to keep our school physically safe to work in and learn in. We have seen what is unfortunately happening to some schools already this September with cases breaking out and having to go back online. I want to thank all parents and families for their cooperation around our new safe measures and as we go into week 4 to remind the whole school community we cannot suddenly ease up because it feels it is working. This is here for a while yet and our model needs to run through a few cycles. We are not complacent here.

We began our new partnership formally with our international COBIS school colleagues this week as I first met online with the CEO of COBIS, Colin Bell, and then attended on Friday our regional group meeting of the Black Sea COBIS schools for school leaders. COBIS gives us an incredible network of schools to link with and unique opportunities to access such as the virtual universities fair on the 7th October. I really would recommend our grade 9/10 to register and start getting ideas about their next stage of education and future careers. As global students, studying the Cambridge curriculum as the only school to do so in Moldova, the World is their oyster and as an international school, being outward facing means our students being internationally minded, mobile global citizens.



Finally, to ensure we don't spend our days saying "mask, distance and wash your hands" in three languages, ad infinitum, we took a moment on Thursday to give our wonderful school library its name; the Mihai Eminescu Library, to honour one of the greatest poets and writers of the 19th century. The beautiful new sign was created by our colleague and artist, Elena Meleca, and our founder and chair of governors, Mrs Natalia Cecetova, did us the honour of formally naming the library. Learning and education certainly have changed considerably with the advent of technology and the information age but the school library will always remain the heart and soul of any educational institution. In these uncertain times, the certainty from reading, from ideas that challenge our thinking and from having the ability to learn and think for ourselves, will be the comfort that education around the World continues to give our children as these remaining months of 2020 throw up the challenges for our communities to face with more confidence and courage.

Rob Ford, Director



Notes from Ms Elize

September is well on its way and it is reassuring to see how learning is evolving within the new safety measures in the school. We often underestimate our ability to adapt and change. In Grade 3E we are focusing this year on a growth mindset and an attitude of "I can" rather than "I can't". Yes, everything is not perfect but our attitude towards change and problem solving, is more often than, not the key to the solution.

Clubs started this week and although we are not able to follow our usual schedules and options it is amazing to see the great activities our students can take part in. At Heritage we focus on the whole child and looking after their social and emotional wellbeing is highly valued.

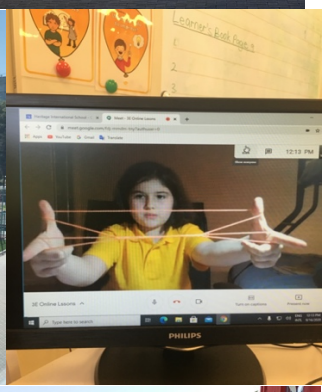
On this point I would like to give a gentle reminder that parents are not allowed in the building and this includes the time during clubs. We have to continue to follow all safety measures to ensure we keep or school open. We have managed to keep the school open now for three weeks. The weeks going forward are going to be crucial in order to ensure that we continue to stay open!

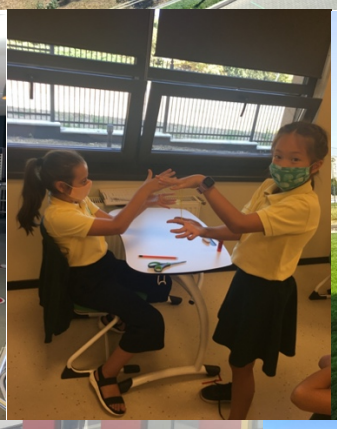
I often wonder what to pack in my son's lunchbox. It is not an easy feat to keep a picky teenager fed and happy in a healthy wholesome way! In my quest to avoid this everlasting dilemma, I have spent some time on the old and trusty Pinterest and found some fun ideas. It is not easy and mornings are busy but with a little bit of imagination and some organisation packing a lunch box can be fun!
Here are a couple of links:
Healthy Lunch Ideas for Kids and Adults
Kids' lunchbox recipes
After the long summer vacation being back at school can be a tiring and anxious experience for children. Helping them to relax and rewind after a busy day at school is an important part of their mental wellbeing. Incorporating special family time and activities into your daily routine will give children time to rest and recharge. More often than it is during these times that children will share their worries and concerns, giving parents the opportunity to support, guide and teach their children in a relaxed and secure atmosphere.

I leave you with this quote. Not only does speak from a parent perspective but also from the perspective of a teacher:

"Having fun with children creates connections.
Connection builds relationships.
Relationships are what we need to raise our children.
So, start having fun more of the time."
Bridgett Miller

I wish you a relaxing and fun filled weekend!





News from Secondary:

- COBIS are delighted to announce their first Free Virtual University Fair, delivered in partnership with The University Guys. Wednesday 7 October 2020, 8-11am BST and 3-6pm BST. The Fair is open to students, families and staff from COBIS schools and we would recommend our iGCSE Cambridge students to take the opportunity even though this step is only on the horizon. It will help focus ambitions and give students a clearer idea of what they are working towards -
further details here: https://www.cobis.org.uk/students/upcoming-activities-calendar/uni-fair

The virtual Fair will bring together UK and international universities with students, families and staff from COBIS schools via The University Guys' virtual platform. During the Fair, attendees will tune in to presentations from individual universities and will be able to talk to university representatives through the platform's chat function. They will also have the opportunity to learn about topics such as:

- *How to write an effective personal statement for your UCAS application*
- *Choosing the best fit UK university and degree subject*
- *London is my Campus: Studying at City University and studying in London*
- *Studying at St Andrews*
- *US applications*
- *How to prepare a creative portfolio*
- *Options available in the Netherlands*

Attending UK universities include Imperial, Bath, Bristol, Durham, St Andrew's, Surrey and more. A selection of international universities will also be attending, such as Queen's from Canada, Leiden from the Netherlands, Bocconi from Italy and Loyola Marymount from the United States.

Heritage in the news

***- HERITAGE, INVITED TO WORLD EDUCATION WEEK TO SHARE ABOUT USING NEW TECHNOLOGY IN EDUCATION**: https://www.heritage.md/en/news/world-education-week/*

Articles of interest:

- Metropolitan Museum of Art New York – MET – Virtual Tour. See some of the finest collections of art in the World here; https://joyofmuseums.com/museums/united-states-of-america/new-york-museums/metropolitan-museum-of-art/

- *Exploring English: Language and Culture. This free British Council/Future Learn online English language course looks at British culture and examines English in use to help improve your English language skills: https://www.futurelearn.com/courses/explore-english-language-culture*

The Heritage Ten: a set of values we believe to be important and hope to demonstrate and uphold at Heritage:

H - Honourable: doing the good and moral thing
Onorabil: *a face lucruri bune şi de valoare*
Достойный: *делать добрые и нравственные дела*

E - Engaged: being attentive, active and involved in the learning process
Implicat: *a fi atent , activ şi implicat în procesul de învăţare*
Вовлеченный: *внимательность, активность и вовлеченность в процесс обучения*

R - The three R's: being respectful, responsible and reflective
Cele trei R: *să fim respectuoşi, responsabili şi reflexivi*
быть уважительным, ответственным и размышляющим

I - Innovative: thinking outside the norm and challenging the status quo
Inovativ: *a gândi în afara tiparelor şi de a provoca status quo-ul*
Инновационный: *нестандартное мышление и вызов статус-кво*

T - Trustworthy: being reliable, honest and dependable
A fi de încredere: *sincer, onest şi ferm*
Доверие: *быть искренним, надежным, честным*

A - Accepting: being open minded towards those different from ourselves
Acceptarea: *a fi deschis către persoanele care se diferenţiază de noi.*
Принятие: *быть открытыми для людей, которые отличаются от нас.*

G - Global: reaching out to the wider world and making connections
Global: *descoperirea lumii şi conectarea cu ea*
Глобальность: *познание мира*

E - Empathetic: understanding and appreciating the experience of others
Empatic: *înţelegerea şi aprecierea experienţei altor persoane*
Эмпатический: *понимание и признание опыта других людей*

Global Education:

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On 28th of September, the Climate Action project will be launched worldwide. Heritage students will have the possibility to explore the causes and effects of climate change, to try to find solutions locally and globally, they will interact with peers from around the world, will take action and bring change into their communities, as well as will send messages to Mars.
More information about this global project here: https://www.climate-action.info/

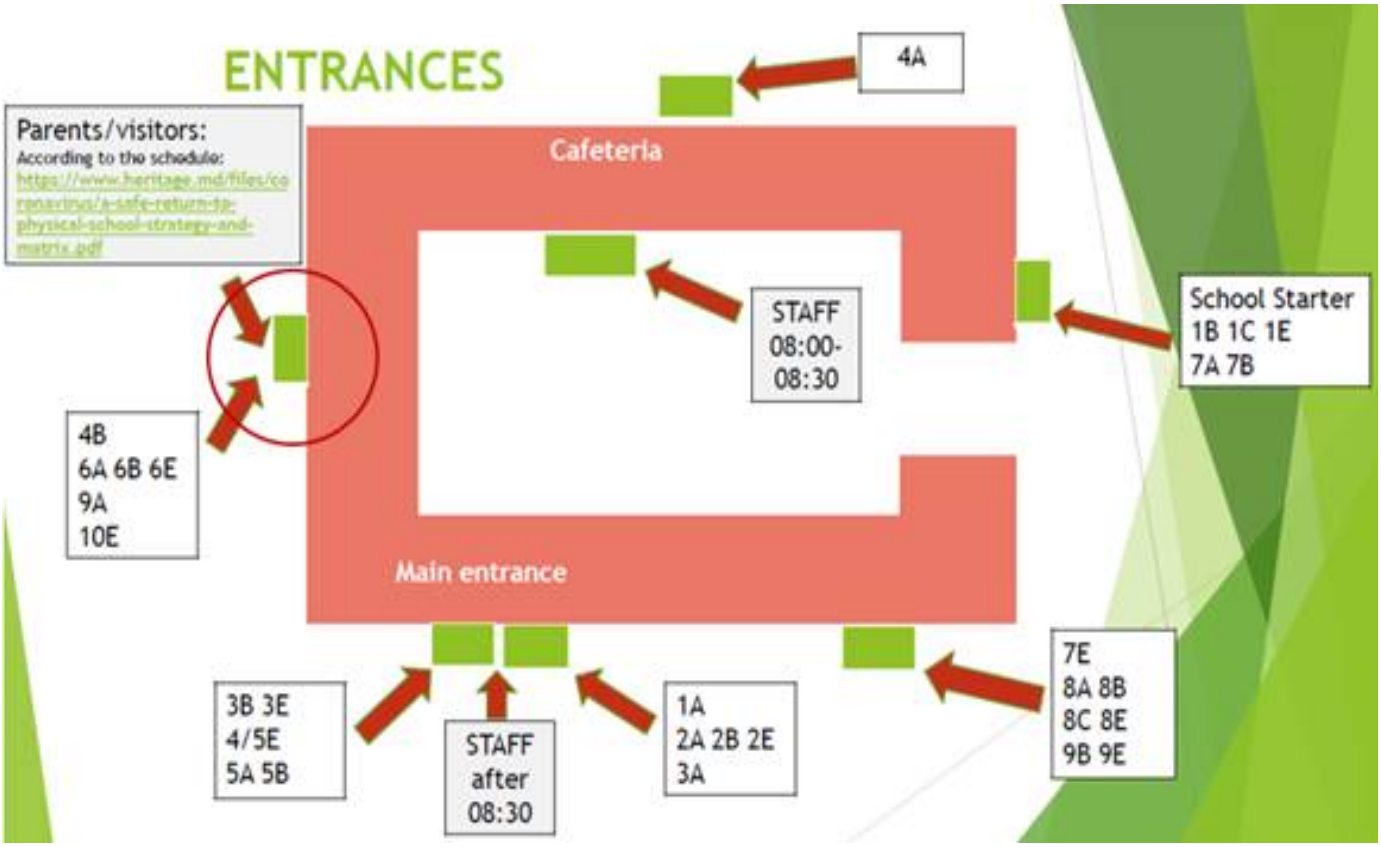
Forthcoming events:

September 21st, 2020	*UN International Peace Day*
September 23rd, 2020	*1st Founders' Lecture for the new second series* *H.E. Steven Fisher, the UK Ambassador to Moldova*
September 26th, 2020	*European Day of Languages*
October 5th,2020	*World Teachers Day*
October 7th,2020	*COBIS virtual Universities Fair*

Great opportunity to take part in Universal Competition of Educational Poster
https://sites.google.com/view/unicep-onlinecompetition/
https://sites.google.com/view/unicepjunior

Electronic devices for learning purposes:

Secondary school students will be expected to bring their own electronic devices for learning purposes starting September as part of a shift toward a more personalized, collaborative and tech-based learning model. Bring your own device refers to permitting students to bring personally owned mobile devices (laptops, tablets) to school, and to use those devices to access school information and appropriate applications for learning. School will not be mandating a certain type of device or model or operating system. It's up to the student and family to determine what makes them comfortable to access the learning options, a variety of learning activities and avoid sharing the school devices. Promote good habits of using and securing the devices each day by encouraging students to use a sturdy storage case, back up all files on a regular basis and charge the battery on a nightly basis.Encourage students to keep the device secure while at school by not leaving their bag unattended.


ENTRANCES
Parents/visitors:
According to the schedule:
https://www.heritage.md/files/coronavirus/a-safe-return-to-physical-school-strategy-and-matrix.pdf
Cafeteria
4A
STAFF
08:00-
08:30
School Starter
1B 1C 1E
7A 7B
4B
6A 6B 6E
9A
10E
Main entrance
3B 3E
4/5E
5A 5B
STAFF
after
08:30
1A
2A 2B 2E
3A
7E
8A 8B
8C 8E
9B 9E

CORONAVIRUS
SOCIAL DISTANCING
PLEASE KEEP
APART

Things that don't define you
404 error
Your mistakes
Your problems
Your illness/ disability
Your thoughts
@what.is.mental.illness
Things that actually define you
Your experiences
Your perspective
Your personality
Your creativity
Your goals
Your hobbies and passions
Your attitude
Your habits

Six things NOT to do when wearing a face covering

- DO NOT use if damaged or damp
- DO NOT wear it around chin
- DO NOT wear loose-fitting mask
- DO NOT pull away from face to speak
- DO NOT touch front of mask
- DO NOT share your mask

Protect yourself and loved ones from coronavirus.

Wash your hands regularly with **soap** and **water**.

Cover your mouth and nose while **sneezing** or **coughing**.

Avoid close contact with anyone who has a cold or flu-like symptoms.

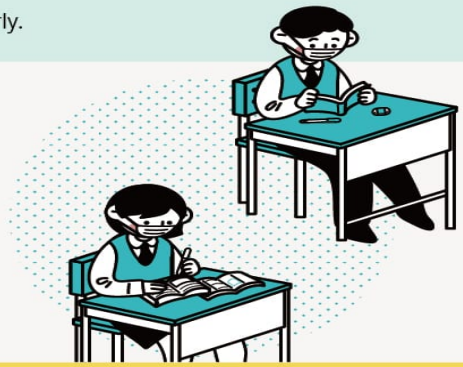
If you have fever, cough and difficulty breathing, **seek medical care early**.

unicef | for every child

A Smart School Life to Prevent COVID-19

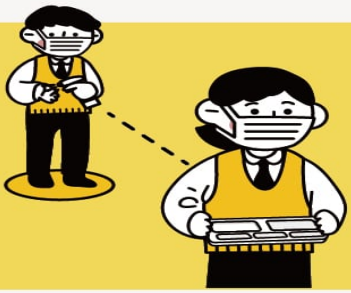
Open windows often to let fresh air in and clean your desk regularly.

- Occasionally open the windows for your health and that of your friends. Especially, do so right after arriving at school and during break, lunchtime, and clean-up time!
- Clean your own desk regularly.



This is how your school life should be:

- Always wear a mask during classes and breaks.
- Wash your hands often.
- When coughing or sneezing, cover your mouth and nose with your sleeve.
- Avoid physical contact, such as holding hands.
- Do not let others use your personal belongings.



Be considerate to your friends during lunchtime.

- In the school cafeteria, line up at double arm's length apart from each other.
- Do not talk while eating.
- Take off your face mask right before eating your meal and put it back on immediately after.

If you are feeling ill, tell your teacher.

- If you have fever, sore throat, cough, or runny nose, tell your teacher right away.
- If your friend becomes a confirmed case, do not panic; just follow your teacher's instructions.

교육부

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